

# AOL.

## The best moisturizers for mature skin, according to experts

Moisturizers are essential for mature skin, but not all are created equal. Here are the best moisturizers for mature skin, according to experts.

Both skin and hair lose moisture as we age, and the loss of moisture can lead to dryness, itching, and irritation. The best moisturizers for mature skin are those that help restore moisture to the skin and prevent further damage. They also contain ingredients that help reduce the signs of aging, such as wrinkles and fine lines. The best moisturizers for mature skin are those that are gentle on the skin and do not irritate. They also contain ingredients that help reduce the signs of aging, such as wrinkles and fine lines. The best moisturizers for mature skin are those that are gentle on the skin and do not irritate. They also contain ingredients that help reduce the signs of aging, such as wrinkles and fine lines.

A 2019 study by the American Academy of Dermatology found that the best moisturizers for mature skin are those that contain ingredients that help reduce the signs of aging, such as wrinkles and fine lines. The study found that the best moisturizers for mature skin are those that contain ingredients that help reduce the signs of aging, such as wrinkles and fine lines. The study found that the best moisturizers for mature skin are those that contain ingredients that help reduce the signs of aging, such as wrinkles and fine lines.

Dr. J. Scott Burdick, MD, is a board-certified dermatologist and the medical director of the Department of Dermatology at the University of Michigan. He is also the author of the book "The Skin Care Bible: A Complete Guide to the Best Products, Procedures, and Treatments for Every Skin Type." He is also the author of the book "The Skin Care Bible: A Complete Guide to the Best Products, Procedures, and Treatments for Every Skin Type." He is also the author of the book "The Skin Care Bible: A Complete Guide to the Best Products, Procedures, and Treatments for Every Skin Type."

### Check ingredients wisely

Dr. Burdick says that some ingredients in moisturizers can be irritating to the skin, especially if you have sensitive skin. He says that ingredients like alcohol, fragrance, and parabens can be irritating to the skin. He also says that ingredients like retinoids and alpha hydroxy acids can be irritating to the skin. He says that ingredients like retinoids and alpha hydroxy acids can be irritating to the skin. He also says that ingredients like retinoids and alpha hydroxy acids can be irritating to the skin.

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### How to properly use a moisturizer

Dr. Burdick says that the best way to use a moisturizer is to apply it to clean, dry skin. He says that you should apply it to your face and neck. He also says that you should apply it to your hands. He says that you should apply it to your face and neck. He also says that you should apply it to your hands. He says that you should apply it to your face and neck. He also says that you should apply it to your hands.

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### Meet our experts

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